



200 NEWPORT CENTER DR. SUITE 204, NEWPORT BEACH, CA 92660 | T. 949.258.9777 | F. 949.258.9749

## CHILD INFORMATION FORM

*Please allow approximately 30 – 45 minutes to complete this form. Because there are so many potential influences on a child's behavior, we request quite a bit of information from families at the start of therapy. This enables us to better identify the issue at hand and develop the most effective plan possible to support your child. Your family's information will remain confidential, so please answer as openly and honestly as possible. The more information we have, the better equipped we are to help.*

**Person Preparing this Form:** \_\_\_\_\_

**Today's Date:** \_\_\_\_\_

**Relationship to Child:** \_\_\_\_\_

### I. DEMOGRAPHIC INFORMATION

#### Child's Information

Child's Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Nicknames: \_\_\_\_\_

Current Home Address: \_\_\_\_\_

Phone Number (if applicable): \_\_\_\_\_ email (if applicable): \_\_\_\_\_

#### Custody Status

What was the parents' relationship status when the child was born?

☐ Married ☐ Together but Not Legally Married ☐ Not Together or Married

If parents were *married* or *together*, are they still? ☐ Yes ☐ No: *How old was child when parents split?* \_\_\_\_\_

Who is the child's primary caregiver? (*May be more than one.*) \_\_\_\_\_

Who has legal custody of the child (legal authority to make major decisions pertaining to the child)?

\_\_\_\_\_

Who has physical custody of the child/who does the child live with? (If custody is shared, please describe the custody arrangement) \_\_\_\_\_

\_\_\_\_\_

## Caregivers

*Please list parents and primary caregivers. Use back if additional space is necessary.*

**Parent/Caregiver Name:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Relationship to Child** \_\_\_\_\_

**Home street address:** \_\_\_\_\_ **Apt.:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Cell phone:** \_\_\_\_\_ **Home phone:** \_\_\_\_\_

**Work phone:** \_\_\_\_\_ **email:** \_\_\_\_\_

**Employer:** \_\_\_\_\_ **Job Title:** \_\_\_\_\_

**Parent/Caregiver Name:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Relationship to Child** \_\_\_\_\_

**Home street address:** \_\_\_\_\_ **Apt.:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Cell phone:** \_\_\_\_\_ **Home phone:** \_\_\_\_\_

**Work phone:** \_\_\_\_\_ **email:** \_\_\_\_\_

**Employer:** \_\_\_\_\_ **Job Title:** \_\_\_\_\_

**Stepparent/Other Caregiver Name:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Relationship to Child** \_\_\_\_\_

**Home street address:** \_\_\_\_\_ **Apt.:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Cell phone:** \_\_\_\_\_ **Home phone:** \_\_\_\_\_

**Work phone:** \_\_\_\_\_ **email:** \_\_\_\_\_

**Employer:** \_\_\_\_\_ **Job Title:** \_\_\_\_\_

**Stepparent/Other Caregiver Name:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Relationship to Child** \_\_\_\_\_

**Home street address:** \_\_\_\_\_ **Apt.:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Cell phone:** \_\_\_\_\_ **Home phone:** \_\_\_\_\_

**Work phone:** \_\_\_\_\_ **email:** \_\_\_\_\_

Employer: \_\_\_\_\_

Job Title: \_\_\_\_\_

### **Phonecalls from Our Office**

Calls or e-mail will be discreet, but please indicate any restrictions: \_\_\_\_\_

May we send a text message appointment reminder the day before your scheduled appointment? ☐ Yes ☐ No

*If yes, please provide a cell phone number for the text message to be sent:* \_\_\_\_\_

### **Insurance Information**

Insurance company: \_\_\_\_\_

Insurance ID # (For Tricare, enter sponsor's social security #): \_\_\_\_\_

Patient's relationship to the sponsor/primary insured: ☐ Self ☐ Child/Dependent\*

Sponsor name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Sponsor insurance ID# (For Tricare, enter sponsor's Social Security #): \_\_\_\_\_

Sponsor job title & employer (Military, enter branch, MOS & rank): \_\_\_\_\_

### **Emergency Contact**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

### **How did you learn about us?**

☐ Online Search ☐ Psychology Today ☐ Insurance Directory ☐ Referred by: \_\_\_\_\_

If referred, may we have your permission to thank this person for the referral? ☐ Yes ☐ No

If referred, how did this person explain how we might be of help to you? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## **II. CULTURE & IDENTITY**

### **Race/Ethnicity**

Ethnicity/national origin: \_\_\_\_\_ Race: \_\_\_\_\_

Other related way your family or child identifies: \_\_\_\_\_

### **Religion/Spirituality**

The family's current religious denomination/affiliation: \_\_\_\_\_

Family's Religious/Spiritual Involvement:     ☐ None            ☐ Some/Irregular            ☐ Active

Child's Religious/Spiritual Involvement: \_\_\_\_\_

Which (if any) church, synagogue, temple, or meeting are you involved with? \_\_\_\_\_

### **Gender Identity**

Child's Gender \_\_\_\_\_

Has your child had any difficulty identifying with their birth gender?   ☐ No   ☐ Yes

If yes (your child has had difficulty), please describe: \_\_\_\_\_

\_\_\_\_\_

### **Sexual Orientation**

Is your child's sexual orientation currently an issue or focus for them?   ☐ No   ☐ Yes

If yes (your child's sexual orientation is currently an issue or focus in their life), please describe: \_\_\_\_\_

\_\_\_\_\_

## **III. RESIDENTIAL AND FAMILY HISTORY**

**Residential History:** Please list all the places your child has lived.

<b>Year - Year</b>	<b>City, State</b>	<b>Reason for moving</b>	<b>Any issues transitioning?</b>

**Household Information:** Please list all people living in your child's household (use back for additional people).

<b>Name</b>	<b>Relationship to Patient</b>	<b>Age</b>	<b>Profession</b>



How is your child currently doing in school? \_\_\_\_\_

Has your child been in trouble at school? ☐ No ☐ Yes (please describe) \_\_\_\_\_

Please list any special skills your child has (hobbies, sports, recreational, musical, TV & toy preferences, unique interests, etc.) \_\_\_\_\_

How would you describe your child's social life? Do they have many friends? Few friends? Are they shy? Outgoing? Do they enjoy large groups and parties or prefer to play alone? \_\_\_\_\_

## **V. EARLY CHILDHOOD DEVELOPMENT**

### **Pregnancy and Delivery**

List any prenatal medical illnesses experienced by the mother: \_\_\_\_\_

Was the child born premature?

☐ Child was carried to full-term (pregnancy lasted approximately 9 months before delivery)

☐ Child was born premature (indicate how many months/weeks gestation before delivery): \_\_\_\_\_

Normal birth weight & height? ☐ Yes ☐ No (please describe): \_\_\_\_\_

Any birth complications or problems? \_\_\_\_\_

### **The First Few Months of Life**

Breast-fed: ☐ No ☐ Yes (please indicate how long): \_\_\_\_\_

Allergies: ☐ No ☐ Yes (please list): \_\_\_\_\_

Sleep problems: ☐ No ☐ Yes (please describe): \_\_\_\_\_

Describe the child's personality during infancy: \_\_\_\_\_

## **Milestones**

To the best of your knowledge, at what age did the child do each of the following:

Walked without support: \_\_\_\_\_

Potty trained: \_\_\_\_\_

Helped when being dressed: \_\_\_\_\_

Spoke first word (other than “yes” or “no” and “mom” or “dad”): \_\_\_\_\_

Spoke first sentence: \_\_\_\_\_

Responded to being called by name: \_\_\_\_\_

Any speech, hearing, or language difficulties? \_\_\_\_\_

\_\_\_\_\_

Any issues with child recognizing and responding to his/her own name in first years of life (looking in direction of caller, coming when called, etc.)? \_\_\_\_\_

\_\_\_\_\_

Any issues with child making eye contact with caregiver during infancy and first few years of life? \_\_\_\_\_

\_\_\_\_\_

## **VI. MEDICAL HISTORY**

### **Major Medical History:**

Please list any major medical conditions, serious illness or accidents, hospitalizations, medically necessary surgeries, or neurological events including loss-of-consciousness, seizures or convulsions.

Age	Illness/Diagnosis	Treatment(s) Received/ Medications Prescribed	Provider/Hospital	Outcome

**Current Medical Provider:**

Physician Name: \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

1. **What kinds of physical exercise does your child get?** \_\_\_\_\_

2. **How much soda, tea, or other sources of caffeine does your child consume each day?**

3. **Does your child try to restrict his/her eating in any way?** YES NO (Circle one)

If yes, describe how: \_\_\_\_\_

If yes, describe why: \_\_\_\_\_

4. **Does your child have any problems getting enough sleep?** YES NO (Circle one)

If yes, what problems (falling asleep, staying asleep)? \_\_\_\_\_

If yes, do you know what is causing the problem? \_\_\_\_\_

Average number of hours your child sleeps per night: \_\_\_\_\_

5. **Has your child ever used tobacco?** YES NO (Circle one)

If yes, please describe: \_\_\_\_\_

6. **Has your child ever used alcohol?** YES NO (Circle one)

If yes, please describe: \_\_\_\_\_

7. **Has your child ever used recreational drugs?** YES NO (Circle one)

If yes, please describe: \_\_\_\_\_

**Are there any other medical or physical problems you are concerned about?** \_\_\_\_\_



## **VII. MENTAL HEALTH HISTORY**

### **Prior Mental Health Treatment**

Please list any prior mental health treatment your child received and any corresponding diagnosis. Include visits to a therapist, counselor, psychiatrist, psychologist, social worker, or mental health clinic, as well as any psychiatric hospitalizations or admission to residential treatment facilities.

<b>Age</b>	<b>Issue/Diagnosis</b>	<b>Treatment(s) Received/ Was it helpful?</b>	<b>Provider or Hospital</b>	<b>Reason for termination</b>

Is your child currently seeing another mental health care provider (psychologist, psychiatrist, marriage & family therapist, counselor, or social worker)?

☐ No      ☐ Yes *(If yes, please complete below)*

Provider's name & title: \_\_\_\_\_

Phone: \_\_\_\_\_ City: \_\_\_\_\_

How long has your child been under this provider's care? \_\_\_\_\_

Reason for care: \_\_\_\_\_

Do you plan to continue your child's care with the above provider? \_\_\_\_\_

### Psychotropic Medications & Vitamins/Supplements

Please list any prescribed medications or herbal supplements that your child has taken to treat mental health  
or behavioral symptoms.

[illegible]

### Family Mental Health History

Please list any members of your child's immediate or extended family who have been either formally diagnosed or suspected to have a mental illness, including substance and alcohol use disorders (e.g., depression, anxiety, alcoholism, addiction).

[illegible]

## Safety Issues

To the best of your knowledge, has your child ever been abused? ☐ Yes ☐ Unsure ☐ No

If you answered yes or unsure, please indicate any instances below that apply:

- ☐ Emotional abuse (underline any that apply) - *Willfully causing mental suffering of a child or endangering a child's emotional well-being through: Belittling; ridiculing; humiliating; name-calling; excessive screaming, cursing, raging at child; demeaning jokes; excessive teasing about capabilities or physical appearance; refusing love, attention or touch; shunning child from family; unpredictable, unreasonable & extreme reactions; locking child out of the home to discipline or punish; threats or intimidating behaviors; unreasonable demands placed on child; excessive or unreasonable punishment for typical childhood behaviors; isolating a child from peers or prohibiting normal play/opportunities for stimulation; promoting or rewarding unhealthy or criminal behaviors; exposing child to violence in the home; exposing child to other inappropriate or traumatic events)*
- ☐ Neglect – *Failure of caregiver to provide adequate food, clothing, shelter, or supervision (may or may not result in any physical harm to child)*
- ☐ Physical abuse – *Bodily injury inflicted on a child by willful cruelty, unjustifiable punishment, or corporal punishment*
- ☐ Sexual abuse – *Victimization of a child by sexual activities including molestation, indecent exposure, fondling, rape, incest, and exposure of a child to sexually inappropriate content (verbally or visually).*

Have Child Protective Services (CPS) or law enforcement ever investigated or taken a report of suspected abuse of your child?

☐ No ☐ Yes (If yes, please describe the circumstances and outcome of the investigation/report):

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Has your child ever been in legal trouble with the law? ☐ No ☐ Yes (please describe):

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Since age 8, has your child ever been in a physical fight with a peer or displayed physical violence toward an adult? ☐ No ☐ Yes (please describe):

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**Has your child ever reported having thoughts of suicide/wanting to take their own life?**

☐ No    ☐ Yes (*if yes, please complete below*)

At what age did your child first report having these thoughts?	_____
When was the last time your child reported having these thoughts?	_____
How frequently does your child report having these thoughts (e.g., every day, every week, several times per month, once per month, once every couple of months)?	_____
Please provide examples of what your child reports to you (or others).	_____ _____
What is usually happening in your child's life when they report these thoughts?	_____ _____

**Has your child ever attempted suicide?**

☐ No    ☐ Yes (*if yes, please complete below*)

Age	Description of Attempt	How the Attempt was Intervened	Aftermath

**Has a family member attempted or committed suicide (parent, aunt/uncle, grandparent, sibling, child)?**

☐ No    ☐ Yes (please describe): \_\_\_\_\_

**Have your child ever engaged in any self-harming behavior (e.g., cutting)?**

☐ No    ☐ Yes (please describe): \_\_\_\_\_

## **VIII. COPING & STRENGTHS**

**Briefly list any major crises that have occurred in your child's life, and how your child handled them:**

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**What are your child's major strengths?**

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**When is your child happy, relaxed, or enjoying themselves?**

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**What people and activities support or comfort your child when they are struggling?**

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## **IX. GOALS FOR THERAPY**

**In your own words, please describe what brings you and your child here today:** \_\_\_\_\_

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**When did this issue begin?** \_\_\_\_\_

Please check any characteristics that describe your child:

- |   |  |
|---|--|
| <input type="checkbox"/> Affectionate   | <input type="checkbox"/> Extracurricular activities interfere with academics   |
| <input type="checkbox"/> Argues, "talks back," smart-alecky, defiant  | <input type="checkbox"/> Failure in school   |
| <input type="checkbox"/> Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes                                 | <input type="checkbox"/> Fearful   |
| <input type="checkbox"/> Cheats   | <input type="checkbox"/> Fighting, hitting, violent, aggressive, hostile, threatens, destructive                                 |
| <input type="checkbox"/> Cruel to animals   | <input type="checkbox"/> Fire setting  |
| <input type="checkbox"/> Concern for others   | <input type="checkbox"/> Friendly, outgoing, social  |
| <input type="checkbox"/> Conflicts with parents over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/hair/friends | <input type="checkbox"/> Hypochondriac, always complains of feeling sick   |
| <input type="checkbox"/> Complains  | <input type="checkbox"/> Immature, "clowns around," has only younger playmates   |
| <input type="checkbox"/> Cries easily, feelings are easily hurt   | <input type="checkbox"/> Imaginary playmates, fantasy  |
| <input type="checkbox"/> Dawdles, procrastinates, wastes time   | <input type="checkbox"/> Independent   |
| <input type="checkbox"/> Difficulties with parent's paramour/new marriage/new family  | <input type="checkbox"/> Interrupts, talks out, yells  |
| <input type="checkbox"/> Dependent, immature  | <input type="checkbox"/> Lacks organization, unprepared  |
| <input type="checkbox"/> Developmental delays   | <input type="checkbox"/> Lacks respect for authority, insults, dares, provokes, manipulates                                      |
| <input type="checkbox"/> Disrupts family activities   | <input type="checkbox"/> Learning disability   |
| <input type="checkbox"/> Disobedient, uncooperative, refuses, noncompliant, doesn't follow rules  | <input type="checkbox"/> Legal difficulties—truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drug sales |
| <input type="checkbox"/> Distractible, inattentive, poor concentration, daydreams, slow to respond  | <input type="checkbox"/> Likes to be alone, withdraws, isolates  |
| <input type="checkbox"/> Dropping out of school   | <input type="checkbox"/> Lying   |
| <input type="checkbox"/> Drug or alcohol use  | <input type="checkbox"/> Low frustration tolerance, irritability   |
| <input type="checkbox"/> Eating—poor manners, refuses, appetite increase or decrease, odd combinations, overeats                                      | <input type="checkbox"/> Mental retardation  |
| <input type="checkbox"/> Exercise problems  | <input type="checkbox"/> Moody   |
|   | <input type="checkbox"/> Mute, refuses to speak  |
|   | <input type="checkbox"/> Nail biting   |
|   | <input type="checkbox"/> Nervous   |

- ☐ Nightmares
- ☐ Need for high degree of supervision at home over play/chores/schedule
- ☐ Obedient
- ☐ Obesity
- ☐ Overactive, restless, hyperactive, out-of-seat behaviors, restlessness, fidgety, noisiness
- ☐ Oppositional, resists, refuses, does not comply, negativism
- ☐ Prejudiced, bigoted, insulting, name calling, intolerant
- ☐ Pouts
- ☐ Recent move, new school, loss of friends
- ☐ Relationships with brothers/sisters or friends/peers are poor—competition, fights, teasing/provoking, assaults
- ☐ Responsible qRocking or other repetitive movements
- ☐ Runs away
- ☐ Sad, unhappy
- ☐ Self-harming behaviors—biting or hitting self, head banging, scratching self
- ☐ Speech difficulties
- ☐ Sexual—sexual preoccupation, public masturbation, inappropriate sexual behaviors
- ☐ Shy, timid
- ☐ Stubborn
- ☐ Suicide talk or attempt
- ☐ Swearing, blasphemes, bathroom language, foul language
- ☐ Temper tantrums, rages
- ☐ Thumb sucking, finger sucking, hair chewing
- ☐ Tics—involuntary rapid movements, noises, or word productions
- ☐ Teased, picked on, victimized, bullied
- ☐ Truant, school avoiding
- ☐ Underactive, slow-moving or slow-responding, lethargic
- ☐ Uncoordinated, accident-prone
- ☐ Wetting or soiling the bed or clothes

**Please look back over the concerns you have checked off. Which one do you most want help with?**

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**What changes are you hoping therapy might lead to?** \_\_\_\_\_

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***Thank you for taking the time to answer these questions. We look forward to helping you and your family!***



# CURRY PSYCHOLOGY GROUP

— ADULT, CHILD & FAMILY THERAPY —

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## PARENT CONTRACT FOR CHILD THERAPY

Prior to beginning treatment, it is important for you to understand our approach to child therapy and agree to some rules about your child's confidentiality during the course of his/her treatment. Under HIPAA and the APA Ethics Code, we are legally and ethically responsible to provide you with informed consent. As we go forward, we will try to remind you of important issues as they arise.

### **Resolving Disagreements**

One risk of child therapy involves disagreement among parents and/or disagreement between parents and therapist regarding the best interests of the child. If such disagreements occur, we will strive to listen carefully so that we can understand your perspectives and fully explain our perspective. We can resolve such disagreements or we can agree to disagree, so long as this enables your child's therapeutic progress. If either custodial parent decides that therapy should end, we will honor that decision. However, we ask that you allow us the option of having a closing session to appropriately end the treatment relationship with your child.

### **Confidentiality of Your Child's Treatment**

Therapy is most effective when a trusting relationship exists between the psychologist and the patient. Privacy is especially important in securing and maintaining that trust. While one goal of therapy is to strengthen the child's relationship with parents or primary care givers, children experience the most therapeutic benefit when there is a "zone of privacy" whereby they are free to discuss personal matters in session. This is particularly true for adolescents who are naturally developing a greater sense of independence and autonomy. By signing this agreement, you will be waiving your right of access to your child's treatment records.

### **Information We Will Share with You Over the Course of Therapy**

Note that while we will not share what your child has disclosed to us without their consent, *we will* provide you with general information about treatment status, and we will raise issues that may impact your child either inside or outside the home. We will also inform you if your child does not attend sessions, or if it is necessary to refer your child to another mental health professional with more specialized skills. If your child is an adolescent, it is possible that he/she will reveal sensitive information regarding sexual contact, alcohol and drug use, or other potentially problematic behaviors. Sometimes these behaviors are within the range of normal adolescent experimentation, but at other times they may require parental intervention. If we ever believe that your child is at serious risk of harming him/herself or another, we will inform you.

### **Limits of Our Role as Your Child's Therapist**

Although our responsibility to your child may require our involvement in conflicts between the parents, we need your agreement that our involvement will be strictly limited to that which will benefit your child in the context of therapy. This means, among other things, that you will treat anything that is said in session with us as confidential, and that neither parent will attempt to gain advantage between one another or in any legal proceeding from our involvement with your children. In particular, we need your agreement that in any such legal proceedings, neither of you will ask us to testify in court, whether in person, or by affidavit. You also agree to instruct your attorneys not to subpoena us or to refer in any court filing to anything we have said or done.

Note that such agreement may not prevent a judge from requiring our testimony, even though we will work to prevent such an event. If we are required to testify, we are ethically bound not to give our opinion about either parent's custody or visitation suitability. If the court appoints a custody evaluator, guardian ad litem, or parenting coordinator, we will provide information as needed (if appropriate releases are signed or a court order is provided), but we will not make any recommendation about the final decision. Furthermore, if we are required to appear as a witness, the party responsible for our participation agrees to reimburse us at the rate of \$250 per hour to include time spent traveling, preparing reports, testifying, being in attendance, and any other case-related costs.

**Please initial below to indicate your agreement to each policy:**

\_\_\_\_\_ If you decide to terminate treatment, we have the option of having at least one closing session with your child to properly end the treatment relationship.

\_\_\_\_\_ You are waiving your right to access to your child's treatment records.

\_\_\_\_\_ We will disclose information without your child's consent if necessary to protect the life of your child or another person.

\_\_\_\_\_ You agree that our role is limited to providing treatment and that you will not involve us in any legal dispute, especially a dispute concerning custody or custody arrangements (visitation, etc.).

\_\_\_\_\_ You also agree to instruct your attorneys not to subpoena us or to refer in any court filing to anything we have said or done in the context of treating your child.

\_\_\_\_\_ If there is a court appointed evaluator, and if appropriate releases are signed and a court order is provided, we will provide general information to the evaluator. This information *will not* include recommendations concerning custody or custody arrangements.

\_\_\_\_\_ If, for any reason, we are required to appear as a witness, the party responsible for our participation agrees to reimburse us at the rate of \$250 per hour for time spent traveling, preparing reports, testifying, being in attendance, and any other case-related costs.

**My signature below indicates that I have read, understand, and agree to the Parent Contract for Child Therapy:**

\_\_\_\_\_  
Parent Signature                      Date

\_\_\_\_\_  
Printed Name                      Relationship to Child

\_\_\_\_\_  
Parent Signature                      Date

\_\_\_\_\_  
Printed Name                      Relationship to Child

\_\_\_\_\_

## **POLICIES AND PROCEDURES**

### **I. THE INITIAL INTAKE APPOINTMENT / ASSESSMENT PHASE**

The first appointment is a face-to-face “intake assessment.” All intake paperwork must be completed prior to the initial session. This session is an opportunity for both the client and the therapist to assess mutual compatibility for an ongoing therapy relationship. The therapist will ask questions to obtain a comprehensive history of the presenting problem and assess the best course of treatment based on your goals for therapy. Depending on the complexity of the case, a second intake appointment may be required to complete the assessment. When enough information has been gathered, the therapist will provide you with recommendations for treatment.

On some occasions, the therapist may determine that a client’s needs are outside the scope of the services offered in the individual therapy setting, or that the client is unlikely to benefit from the services offered without additional supports. In such cases, the therapist will provide information and guidance regarding next steps and will assist the client in arranging any recommended appointments with outside providers or facilities to ensure that an effective plan of care is in place.

### **II. PAYMENT**

Credit card information will be obtained at your first appointment with the Curry Psychology Group. You or your payer will be charged at the time of each appointment according to the fees outlined in the Financial Policies (see attached form). If you have an accepted insurance plan, the office will charge you the appropriate copayment as derived from your insurance company’s eligibility database. If after charging for the copayment, the office comes to know through your insurance’s Explanation of Benefits that the amount due is greater or less than the amount originally charged to you, the office will appropriately bill you for the difference and/or refund the excess to your patient account as applicable. The Curry Psychology Group is not liable for any copay, coinsurance, or other obligations reported to our office by your insurance company. Should you have questions regarding your coverages, please contact your insurance carrier for details. If you seek reimbursement from an insurer, our office will submit claims on your behalf at your request.

### **III. CANCELLATIONS**

Since scheduling of an appointment involves the reservation of time specifically for you, we request notice of changes to an appointment **by noon at least one business day prior**. Unless we reach a different agreement, the full fee will be charged for sessions missed without such notification. Insurance companies do not reimburse for missed sessions. (For Monday appointments, cancellations must be made by noon on the previous Friday. For appointments occurring the day after a holiday, cancellations must occur by noon on the prior business day.)

#### **IV. ROUTINE PHONE CALLS & EMAIL**

*Contact regarding administrative matters.* Administrative and scheduling questions may be left on your provider's confidential voicemail or sent to your provider via email. On weekdays, we will typically return administrative calls and emails within 24 hours.

*Contact regarding clinical matters.* To ensure that we can fully attend to our clients' needs, we ask that all clinical matters be discussed in-person, over the phone, or via our secure online therapy platform to ensure that there is direct and clear communication. **Please do not contact your therapist by text message**, as this is neither a reliable nor secure mode of communication.

#### **V. EMERGENCY PROCEDURES**

In the event of a clinical emergency, such as acute thoughts of harming oneself or others or experiencing a traumatic life event, you may leave a message on your provider's confidential voicemail indicating the nature of the emergency, and your provider will return your call as soon as possible. Please understand that your provider may not be available, especially after-hours or on weekends.

**Therefore, if you feel you are in imminent danger to yourself or others or if you feel that your health is at risk, please visit your nearest emergency room; dial 9-1-1; or call the National Crisis Lifeline day or night for free immediate support at 1-800-273-8255.**

*Frequency of between-session emergency contact.* Please note that requests for emergency contact between scheduled sessions is to be limited to true clinical emergencies only. In cases when a client requires more than two standard duration appointments per week, continued treatment with the provider will be contingent on the client's acceptance of a higher level of care (intensive outpatient, partial hospital, or inpatient treatment), involvement of family members in monitoring safety and compliance (if appropriate), psychiatric support with medication compliance, and/or other modifications of treatment to enhance the client's stability.

#### **VI. THE ROLES OF THERAPIST VERSUS EVALUATOR**

*Litigation Limitation.* The ethics and rules of our profession preclude us from serving in a dual-role of therapist and evaluator. As your therapist, we will not be conducting a formal evaluation and therefore do not have a valid and reliable basis from which to provide an expert opinion to any third party. Furthermore, due to the private nature of the therapeutic process, it is agreed that this process should be protected and should there be legal proceedings (such as, but not limited to divorce and custody disputes, injuries, lawsuits, etc.), neither you, nor your attorney, nor anyone else acting on your behalf will call on our clinicians to testify in court or at any other proceeding, nor will a disclosure of the psychotherapy records be requested.

*Letters & Other Statements of Opinion.* Similarly, we do not provide statements of opinion or recommendations in written letter, report, or client forms, unless explicitly retained for the purposes

of a psychological evaluation. If an established therapy client requires evaluative services, we will provide appropriate referrals.

## **VII. TERMINATION OF TREATMENT BY THE PROVIDER**

The Curry Psychology Group reserves the right to terminate treatment under certain conditions which compromise the therapist's ability to provide effective services, the client's ability to benefit from services, or when it is legally and/or ethically appropriate to do so. Such circumstances include, but are not limited to:

- Three missed appointments or late-cancellations within a six-month period
- Non-adherence to the treatment plan
- Non-compliance with practice policies & procedures
- Refusal to accept a higher level of care or supplemental care when clinically indicated
- Behaviors that are disrespectful, devaluing, threatening, or otherwise inappropriate toward the provider, staff, other clients, or any persons present in the building
- Misrepresentation or omission of pertinent clinical information
- Non-payment of fees

## **VIII. PRIVACY**

The Curry Psychology Group will not disclose details of your treatment nor your medical record to third parties without your written approval. Our providers operate in accordance with the HIPAA laws. By signing our policies document, you acknowledge that you understand your rights under the HIPAA laws and can freely discuss these rights with your provider. You understand that if you are not the payer for services provided, matters related to billing may be discussed with the payer. You also acknowledge that you have received notice of the privacy policies.

## **IX. LIMITS OF CONFIDENTIALITY**

Information collected by providers in evaluation and treatment of patients is considered confidential. However, there are certain instances where such healthcare providers are required or allowed by law to make exceptions to this confidentiality. Examples of these situations include the following:

1. The patient authorizes a signed release of information to a designated recipient.
2. The therapist is provided with information leading her to believe that a patient is at risk for harming self or others, or is unable to meet his/her basic needs.
3. Information presented to the therapist that indicates that child or elder abuse/neglect is occurring.
4. A court has ordered release of records.
5. Other reporting requirements mandate release of client information (i.e., a client with dementia whose ability to operate a motor vehicle is potentially compromised).
6. A third-party payer (i.e., an insurance company) is involved in payment. Insurance companies usually require information on dates or service, diagnoses, and types of office visit, but other information may be required before payment is authorized.

## **X. CONSENT TO TREATMENT**

I acknowledge that I have received and have read (or have had read to me) the introductory forms provided to me about the therapy I am considering. I have had all my questions answered fully.

I understand that developing a treatment plan with my provider and regularly reviewing our work toward meeting the treatment goals are in my best interest. I agree to play an active role in this process.

I understand that no promises have been made to me as to the results of treatment or of any procedures provided.

I am aware that I may stop my treatment with this provider at any time. The only thing I will still be responsible for is paying for the services I have already received.

**By signing below, I acknowledge that I have read the above policies/procedures and am undertaking treatment with the Curry Psychology Group with full awareness and acceptance of the policies and procedures governing this practice:**

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**Signature of Client or Guardian**

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**Date**

---

**Printed Name**

# AGREEMENT TO PAY FOR PSYCHOLOGICAL SERVICES

## **CANCELATION POLICY (ALL CLIENTS):**

Please contact the office at 949-258-9777 to cancel any upcoming appointment. Cancellation of an appointment must be made by noon on the business day prior to the appointment. Since alternative bookings are unlikely after that time, our policy includes a charge of the full session fee for “no show” or late cancellations occurring with insufficient notice. This represents the amount of time reserved for your service. Note that this fee is not eligible for payment or reimbursement by insurance.

*If cancelling an appointment that is scheduled on a Monday, notice must be received by our office on the Friday prior to the appointment. Cancellations received during the weekend will be considered late and the fee will apply. Similarly, if an appointment is scheduled the day after a holiday, notice of intent to cancel must be received by the last business day prior to the holiday.*

## **PAYMENT POLICY:**

You or your payer will be charged at the time of each appointment according to the fees outlined in the attached fee schedule. We are in-network with Tricare West military insurance. We also bill out-of-network insurance plans with a deposit for the full service fee. Credit card information will be obtained at your first appointment with the Curry Psychology Group and automatic payments can be arranged for future sessions. Acceptable payment methods include credit card and cash.

To check your out-of-network insurance benefits, we recommend that clients contact their insurer at the number listed on the back of their insurance card to ask the following questions:

1. Does my plan include out-of-network benefits for mental health/behavioral healthcare?
2. What is the maximum allowed amount if I receive individual psychotherapy, service code 90837, at an office, with a psychologist?
3. What percentage of the allowed amount does my plan pay?
4. Do I have an insurance deductible that I would have to pay before my out-of-network benefits are provided?

## **TRICARE WEST/MILITARY BENEFICIARIES:**

Clients with Tricare West will be charged the appropriate copayment or deductible fee (as shown to our office from Tricare West's eligibility database) at the time of each appointment.

If, after charging for the copayment or deductible fee, the office comes to know through your insurance's Explanation of Benefits that the client's amount due is greater or less than the amount originally charged to the client, the office will bill the client for the balance *or* refund the excess to your patient account as applicable. The client accepts financial responsibility for all eligible services that are not paid by their insurance plan within 30 days of the date of service.

## FEE SCHEDULE BY PROVIDER

SERVICES OFFERED	DR. SHANNON CURRY	DR. NICOLLE BUGESCU	KARI A. FISHER, LCSW, MED	DR. CAREY INCLEDON	DR. FRANCESCA PARKER	DR. GISELA VEGA
Therapy Services						
INITIAL INTAKE APPOINTMENT	300. (55 min)	195. (50 min)	195. (50 min)	195. (50 min)	175. (50 min)	175. (50 min)
INDIVIDUAL THERAPY (ADULT OR CHILD)	250. (55 min)	175. (50 min)	175. (50 min)	175. (50 min)	150. (50 min)	150. (50 min)
FAMILY THERAPY	275. (55 min)	200. (50 min)	200. (50 min)	200. (50 min)	175. (50 min)	175. (50 min)
Supplemental Services						
BETWEEN-SESSION PHONE CONTACT Per 15 min	75.	60.	60.	60.	50.	50.
LETTERS AND FORM COMPLETION Per 30 min	150.	100.	100.	100.	90.	90.
Testing & Educational Support Services						
PSYCHOEDUCATIONAL & DIAGNOSTIC ASSESSMENT (Includes Interview, Collateral Data Collection, Testing, Score Interpretation & Report Writing)	NA	200./hour with retainer	NA	NA	NA	175./hour with retainer
SCHOOL VISITS/IEP MEETINGS Up to first 90 min (includes drive time)	NA	350. (≤90 min)	350. (≤90 min)	NA	NA	300. (≤90 min)

By signing below the Client or Guardian indicates their understanding and agreement to the Curry Psychology Group's payment policies and fees as outlined in this document.

\_\_\_\_\_  
Signature of Client (or Guardian)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name



# CURRY PSYCHOLOGY GROUP

200 NEWPORT CENTER DR., SUITE 204, NEWPORT BEACH, CA 92660 | T. 949.258.9777 | F. 949.258.9749 | CONTACTUS@CURRYGROUP.ORG

## Electronic Payment Authorization

Please enter the card information you wish to keep on file for automatic deduction of your session fee, copayment, or insurance deductible (if applicable). Only fees which have been previously disclosed and agreed to by you per the "Agreement to Pay for Psychological Services" will be charged.

The following credit and debit cards are accepted: Visa, MasterCard, Discover and AMEX.

**Client Name:** \_\_\_\_\_

**Cardholder Information** (*Please indicate the name and address associated with the credit or debit card you wish to use*):

Cardholder Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Main Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

### Credit/Debit Card Information:

Card Type (check one): ☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Security Code (3-digit code on back of card): \_\_\_\_\_

*I, the cardholder, authorize fees for services rendered by this practice to be deducted from the credit or debit card listed above.*

\_\_\_\_\_  
Cardholder Signature

\_\_\_\_\_  
Date