



200 NEWPORT CENTER DR. SUITE 204, NEWPORT BEACH, CA 92660 | T. 949.258.9777 | F. 949.258.9749

**CHILD INFORMATION FORM**

*Please allow approximately 30 – 45 minutes to complete this form. Because there are so many potential influences on a child’s behavior, we request quite a bit of information from families at the start of therapy. This enables us to better identify the issue at hand and develop the most effective plan possible to support your child. Your family’s information will remain confidential, so please answer as openly and honestly as possible. The more information we have, the better equipped we are to help.*

**Person Preparing this Form:** \_\_\_\_\_

**Today’s Date:** \_\_\_\_\_

**Relationship to Child:** \_\_\_\_\_

**I. DEMOGRAPHIC INFORMATION**

**Child’s Information**

Child’s Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Nicknames: \_\_\_\_\_

Current Home Address: \_\_\_\_\_

Phone Number (if applicable): \_\_\_\_\_ email (if applicable): \_\_\_\_\_

**Custody Status**

What was the parents’ relationship status when the child was born?

- Married       Together but Not Legally Married       Not Together or Married

If parents were *married* or *together*, are they still?     Yes     No: *How old was child when parents split?* \_\_\_\_\_

Who is the child’s primary caregiver? (*May be more than one.*) \_\_\_\_\_

Who has legal custody of the child (legal authority to make major decisions pertaining to the child)?  
\_\_\_\_\_

Who has physical custody of the child/who does the child live with? (If custody is shared, please describe the custody arrangement) \_\_\_\_\_  
\_\_\_\_\_

**Caregivers**

*Please list parents and primary caregivers. Use back if additional space is necessary.*

**Parent/Caregiver Name:** \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Relationship to Child \_\_\_\_\_

Home street address: \_\_\_\_\_ Apt.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

Work phone: \_\_\_\_\_ email: \_\_\_\_\_

Employer: \_\_\_\_\_ Job Title: \_\_\_\_\_

**Parent/Caregiver Name:** \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Relationship to Child \_\_\_\_\_

Home street address: \_\_\_\_\_ Apt.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

Work phone: \_\_\_\_\_ email: \_\_\_\_\_

Employer: \_\_\_\_\_ Job Title: \_\_\_\_\_

**Stepparent/Other Caregiver Name:** \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Relationship to Child \_\_\_\_\_

Home street address: \_\_\_\_\_ Apt.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

Work phone: \_\_\_\_\_ email: \_\_\_\_\_

Employer: \_\_\_\_\_ Job Title: \_\_\_\_\_

**Stepparent/Other Caregiver Name:** \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Relationship to Child \_\_\_\_\_

Home street address: \_\_\_\_\_ Apt.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

Work phone: \_\_\_\_\_ email: \_\_\_\_\_

Employer: \_\_\_\_\_

Job Title: \_\_\_\_\_

**Phonecalls from Our Office**

Calls or e-mail will be discreet, but please indicate any restrictions: \_\_\_\_\_

May we send a text message appointment reminder the day before your scheduled appointment?  Yes  No

*If yes, please provide a cell phone number for the text message to be sent:* \_\_\_\_\_

**Insurance Information**

Insurance company: \_\_\_\_\_

Insurance ID # (For Tricare, enter sponsor's social security #): \_\_\_\_\_

Patient's relationship to the sponsor/primary insured:  Self  Child/Dependent\*

Sponsor name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Sponsor insurance ID# (For Tricare, enter sponsor's Social Security #): \_\_\_\_\_

Sponsor job title & employer (Military, enter branch, MOS & rank): \_\_\_\_\_

**Emergency Contact**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

**How did you learn about us?**

Online Search  Psychology Today  Insurance Directory  Referred by: \_\_\_\_\_

If referred, may we have your permission to thank this person for the referral?  Yes  No

If referred, how did this person explain how we might be of help to you? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**II. CULTURE & IDENTITY**

**Race/Ethnicity**

Ethnicity/national origin: \_\_\_\_\_ Race: \_\_\_\_\_

Other related way your family or child identifies: \_\_\_\_\_

**Religion/Spirituality**

The family’s current religious denomination/affiliation: \_\_\_\_\_

Family’s Religious/Spiritual Involvement:     None         Some/Irregular         Active

Child’s Religious/Spiritual Involvement: \_\_\_\_\_

Which (if any) church, synagogue, temple, or meeting are you involved with? \_\_\_\_\_

**Gender Identity**

Child’s Gender \_\_\_\_\_

Has your child had any difficulty identifying with their birth gender?    No    Yes

If *yes* (your child has had difficulty), please describe: \_\_\_\_\_

\_\_\_\_\_

**Sexual Orientation**

Is your child’s sexual orientation currently an issue or focus for them?    No    Yes

If *yes* (your child’s sexual orientation is currently an issue or focus in their life), please describe: \_\_\_\_\_

\_\_\_\_\_

**III. RESIDENTIAL AND FAMILY HISTORY**

**Residential History:** Please list all the places your child has lived.

| <b>Year - Year</b> | <b>City, State</b> | <b>Reason for moving</b> | <b>Any issues transitioning?</b> |
|--------------------|--------------------|--------------------------|----------------------------------|
|                    |                    |                          |                                  |
|                    |                    |                          |                                  |
|                    |                    |                          |                                  |
|                    |                    |                          |                                  |
|                    |                    |                          |                                  |
|                    |                    |                          |                                  |

**Household Information:** Please list all people living in your child’s household (use back for additional people).

| <b>Name</b> | <b>Relationship to Patient</b> | <b>Age</b> | <b>Profession</b> |
|-------------|--------------------------------|------------|-------------------|
|             |                                |            |                   |
|             |                                |            |                   |
|             |                                |            |                   |



How is your child currently doing in school? \_\_\_\_\_

Has your child been in trouble at school?      No             Yes (please describe) \_\_\_\_\_

\_\_\_\_\_

Please list any special skills your child has (hobbies, sports, recreational, musical, TV & toy preferences, unique interests, etc.) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How would you describe your child's social life? Do they have many friends? Few friends? Are they shy? Outgoing? Do they enjoy large groups and parties or prefer to play alone? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**V. EARLY CHILDHOOD DEVELOPMENT**

***Pregnancy and Delivery***

List any prenatal medical illnesses experienced by the mother: \_\_\_\_\_

\_\_\_\_\_

Was the child born premature?

Child was carried to full-term (pregnancy lasted approximately 9 months before delivery)

Child was born premature (indicate how many months/weeks gestation before delivery): \_\_\_\_\_

Normal birth weight & height?      Yes      No (please describe): \_\_\_\_\_

Any birth complications or problems? \_\_\_\_\_

***The First Few Months of Life***

Breast-fed:      No      Yes (please indicate how long): \_\_\_\_\_

Allergies:      No      Yes (please list): \_\_\_\_\_

Sleep problems:      No      Yes (please describe): \_\_\_\_\_

Describe the child's personality during infancy: \_\_\_\_\_

**Milestones**

To the best of your knowledge, at what age did the child do each of the following:

Walked without support: \_\_\_\_\_

Potty trained: \_\_\_\_\_

Helped when being dressed: \_\_\_\_\_

Spoke first word (other than “yes” or “no” and “mom” or “dad”): \_\_\_\_\_

Spoke first sentence: \_\_\_\_\_

Responded to being called by name: \_\_\_\_\_

Any speech, hearing, or language difficulties? \_\_\_\_\_

Any issues with child recognizing and responding to his/her own name in first years of life (looking in direction of caller, coming when called, etc.)? \_\_\_\_\_

Any issues with child making eye contact with caregiver during infancy and first few years of life? \_\_\_\_\_

**VI. MEDICAL HISTORY**

**Major Medical History:**

Please list any major medical conditions, serious illness or accidents, hospitalizations, medically necessary surgeries, or neurological events including loss-of-consciousness, seizures or convulsions.

| <b>Age</b> | <b>Illness/Diagnosis</b> | <b>Treatment(s) Received/<br/>Medications Prescribed</b> | <b>Provider/Hospital</b> | <b>Outcome</b> |
|------------|--------------------------|--|--------------------------|----------------|
|            |                          |  |                          |                |
|            |                          |  |                          |                |
|            |                          |  |                          |                |
|            |                          |  |                          |                |
|            |                          |  |                          |                |

**Current Medical Provider:**

Physician Name: \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

1. **What kinds of physical exercise does your child get?** \_\_\_\_\_

2. **How much soda, tea, or other sources of caffeine does your child consume each day?**

3. **Does your child try to restrict his/her eating in any way?** YES NO (Circle one)

If yes, describe how: \_\_\_\_\_

If yes, describe why: \_\_\_\_\_

4. **Does your child have any problems getting enough sleep?** YES NO (Circle one)

If yes, what problems (falling asleep, staying asleep)? \_\_\_\_\_

If yes, do you know what is causing the problem? \_\_\_\_\_

Average number of hours your child sleeps per night: \_\_\_\_\_

5. **Has your child ever used tobacco?** YES NO (Circle one)

If yes, please describe: \_\_\_\_\_

6. **Has your child ever used alcohol?** YES NO (Circle one)

If yes, please describe: \_\_\_\_\_

7. **Has your child ever used recreational drugs?** YES NO (Circle one)

If yes, please describe: \_\_\_\_\_

**Are there any other medical or physical problems you are concerned about?** \_\_\_\_\_



**VII. MENTAL HEALTH HISTORY**

**Prior Mental Health Treatment**

Please list any prior mental health treatment your child received and any corresponding diagnosis. Include visits to a therapist, counselor, psychiatrist, psychologist, social worker, or mental health clinic, as well as any psychiatric hospitalizations or admission to residential treatment facilities.

| <b>Age</b> | <b>Issue/Diagnosis</b> | <b>Treatment(s) Received/ Was it helpful?</b> | <b>Provider or Hospital</b> | <b>Reason for termination</b> |
|------------|------------------------|---|-----------------------------|-------------------------------|
|            |                        |   |                             |                               |
|            |                        |   |                             |                               |
|            |                        |   |                             |                               |
|            |                        |   |                             |                               |
|            |                        |   |                             |                               |

Is your child currently seeing another mental health care provider (psychologist, psychiatrist, marriage & family therapist, counselor, or social worker)?

- No       Yes (If yes, please complete below)

Provider's name & title: \_\_\_\_\_

Phone: \_\_\_\_\_ City: \_\_\_\_\_

How long has your child been under this provider's care? \_\_\_\_\_

Reason for care: \_\_\_\_\_

Do you plan to continue your child's care with the above provider? \_\_\_\_\_



Safety Issues

To the best of your knowledge, has your child ever been abused?  Yes  Unsure  No

If you answered yes or unsure, please indicate any instances below that apply:

- Emotional abuse (underline any that apply) - *Willfully causing mental suffering of a child or endangering a child's emotional well-being through: Belittling; ridiculing; humiliating; name-calling; excessive screaming, cursing, raging at child; demeaning jokes; excessive teasing about capabilities or physical appearance; refusing love, attention or touch; shunning child from family; unpredictable, unreasonable & extreme reactions; locking child out of the home to discipline or punish; threats or intimidating behaviors; unreasonable demands placed on child; excessive or unreasonable punishment for typical childhood behaviors; isolating a child from peers or prohibiting normal play/opportunities for stimulation; promoting or rewarding unhealthy or criminal behaviors; exposing child to violence in the home; exposing child to other inappropriate or traumatic events)*
- Neglect - *Failure of caregiver to provide adequate food, clothing, shelter, or supervision (may or may not result in any physical harm to child)*
- Physical abuse - *Bodily injury inflicted on a child by willful cruelty, unjustifiable punishment, or corporal punishment*
- Sexual abuse - *Victimization of a child by sexual activities including molestation, indecent exposure, fondling, rape, incest, and exposure of a child to sexually inappropriate content (verbally or visually).*

Have Child Protective Services (CPS) or law enforcement ever investigated or taken a report of suspected abuse of your child?

No  Yes (If yes, please describe the circumstances and outcome of the investigation/report):

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Has your child ever been in legal trouble with the law?  No  Yes (please describe):

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Since age 8, has your child ever been in a physical fight with a peer or displayed physical violence toward an adult?  No  Yes (please describe):

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**Has your child ever reported having thoughts of suicide/wanting to take their own life?**

- No     Yes (if yes, please compete below)

|  |                |
|--|----------------|
| At what age did your child first report having these thoughts?   | _____          |
| When was the last time your child reported having these thoughts?  | _____          |
| How frequently does your child report having these thoughts (e.g., every day, every week, several times per month, once per month, once every couple of months)? | _____          |
| Please provide examples of what your child reports to you (or others).   | _____<br>_____ |
| What is usually happening in your child's life when they report these thoughts?  | _____<br>_____ |

**Has your child ever attempted suicide?**

- No     Yes (if yes, please complete below)

| Age | Description of Attempt | How the Attempt was Intervened | Aftermath |
|-----|------------------------|--------------------------------|-----------|
|     |                        |                                |           |
|     |                        |                                |           |
|     |                        |                                |           |

**Has a family member attempted or committed suicide (parent, aunt/uncle, grandparent, sibling, child)?**

- No     Yes (please describe): \_\_\_\_\_

**Have your child ever engaged in any self-harming behavior (e.g., cutting)?**

- No     Yes (please describe): \_\_\_\_\_

**VIII. COPING & STRENGTHS**

**Briefly list any major crises that have occurred in your child's life, and how your child handled them:**

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**What are your child's major strengths?**

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**When is your child happy, relaxed, or enjoying themselves?**

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**What people and activities support or comfort your child when they are struggling?**

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**IX. GOALS FOR THERAPY**

**In your own words, please describe what brings you and your child here today: \_\_\_\_\_**

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**When did this issue begin? \_\_\_\_\_**

Please check any characteristics that describe your child:

- Affectionate
- Argues, “talks back,” smart-alecky, defiant
- Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes
- Cheats
- Cruel to animals
- Concern for others
- Conflicts with parents over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/hair/friends
- Complains
- Cries easily, feelings are easily hurt
- Dawdles, procrastinates, wastes time
- Difficulties with parent’s paramour/new marriage/new family
- Dependent, immature
- Developmental delays
- Disrupts family activities
- Disobedient, uncooperative, refuses, noncompliant, doesn’t follow rules
- Distractible, inattentive, poor concentration, daydreams, slow to respond
- Dropping out of school
- Drug or alcohol use
- Eating—poor manners, refuses, appetite increase or decrease, odd combinations, overeats
- Exercise problems
- Extracurricular activities interfere with academics
- Failure in school
- Fearful
- Fighting, hitting, violent, aggressive, hostile, threatens, destructive
- Fire setting
- Friendly, outgoing, social
- Hypochondriac, always complains of feeling sick
- Immature, “clowns around,” has only younger playmates
- Imaginary playmates, fantasy
- Independent
- Interrupts, talks out, yells
- Lacks organization, unprepared
- Lacks respect for authority, insults, dares, provokes, manipulates
- Learning disability
- Legal difficulties—truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drug sales
- Likes to be alone, withdraws, isolates
- Lying
- Low frustration tolerance, irritability
- Mental retardation
- Moody
- Mute, refuses to speak
- Nail biting
- Nervous

- Nightmares
- Need for high degree of supervision at home over play/chores/schedule
- Obedient
- Obesity
- Overactive, restless, hyperactive, out-of-seat behaviors, restlessness, fidgety, noisiness
- Oppositional, resists, refuses, does not comply, negativism
- Prejudiced, bigoted, insulting, name calling, intolerant
- Pouts
- Recent move, new school, loss of friends
- Relationships with brothers/sisters or friends/peers are poor—competition, fights, teasing/provoking, assaults
- Responsible qRocking or other repetitive movements
- Runs away
- Sad, unhappy
- Self-harming behaviors—biting or hitting self, head banging, scratching self
- Speech difficulties
- Sexual—sexual preoccupation, public masturbation, inappropriate sexual behaviors
- Shy, timid
- Stubborn
- Suicide talk or attempt
- Swearing, blasphemes, bathroom language, foul language
- Temper tantrums, rages
- Thumb sucking, finger sucking, hair chewing
- Tics—involuntary rapid movements, noises, or word productions
- Teased, picked on, victimized, bullied
- Truant, school avoiding
- Underactive, slow-moving or slow-responding, lethargic
- Uncoordinated, accident-prone
- Wetting or soiling the bed or clothes

Please look back over the concerns you have checked off. Which one do you most want help with?

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What changes are you hoping therapy might lead to? \_\_\_\_\_

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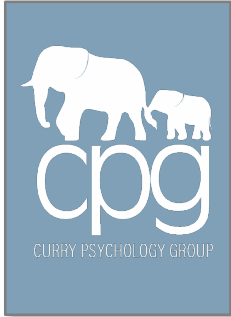
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*Thank you for taking the time to answer these questions. We look forward to helping you and your family!*





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## Parent Agreement to Child Therapy Policies & Procedures

**Welcome:** Prior to beginning treatment, it is important for you to understand our approach to child therapy and agree to some rules about your child's confidentiality during the course of his/her treatment. Under HIPAA and the APA Ethics Code, we are legally and ethically responsible to provide you with informed consent. As we go forward, we will try to remind you of important issues as they arise.

**What to expect:** The first session will involve an evaluation of your child's needs. During this time, we will decide if we are able to provide your child with the services that are deemed necessary to meet their treatment goals. By the end of the evaluation, your child's therapist will be able to offer you some first impressions of what their work together will include, if you decide to continue with therapy. On some occasions, the therapist may determine during the evaluation phase that there may be other resources or practitioners that are better suited to help a child client. In such cases, the therapist will provide appropriate recommendations and referrals. If both you and your child's therapist decide to continue with therapy, we will typically schedule one session per week lasting approximately 50-55 minutes (depending on the therapist). Some sessions may be longer, or may occur more or less frequently.

**Limitations to therapy:** Therapy has been shown to have significant benefits for people, leading to better relationships, improved well-being, solutions to specific problems, and reduced feelings of distress. Working toward these benefits; however, requires active involvement, and therefore we are only able to work with children and teens who are able and willing to participate in this process; and with parents who fully understand and agree to our policies and procedures so that the child's therapy is not interrupted. Psychotherapy also requires honesty, and openness in order to change thoughts, feelings and/or behavior. Remembering and talking about unpleasant events, feelings, or thoughts can result in your child experiencing discomfort or strong feelings of anger, sadness, worry, fear, etc. or experiencing anxiety, depression, insomnia, etc. Your child's therapist may propose different ways of looking at, thinking about, or handling situations that can cause your child to feel upset, angry, challenged, or disappointed. Attempting to resolve issues that brought your child to therapy in the first place, such as approaches to personal or interpersonal relationships, may result in changes that were not originally intended, and may result in decisions to change behaviors and relationships. Sometimes a decision that is positive for one family member is viewed quite negatively by another family member. Change will sometimes be easy and swift, but more often it will be slow and even frustrating. Thus, while we followed the best practices of our profession and utilize evidence-based methods of therapy, we can make no guarantee about how the therapy process will be for your child or that therapy will yield positive or intended results. In addition, individual therapy within our private practice setting is not advisable in the following situations:

- If there is active alcohol and/or drug addiction
- If your child has a major mental illness that is untreated with medication or, if treated with medication, has been recurrent (schizophrenia, recurrent psychotic depression, delusional disorder, or bipolar I disorder with recurrent manic episodes).
- If your child has a moderate to severe developmental disorder (e.g., Autism Spectrum Disorder or an intellectual disability) and is not receiving adequate support through the Orange Country Regional Center or other neurodevelopmentally-focused facility
- If your child is currently experiencing suicidal or homicidal thoughts, or has a history of inflicting harm on him/herself or on another person.

**24-hour cancellation policy:** Therapy is billed according to the fees outlined on the attached payment policy page. If you are prevented from attending your scheduled session and do not cancel your appointment at least 24 \*business hours\* hours in advance, you understand that you will be charged the full session fee. This practice of

being charged for no-shows or late cancellations is standard practice in the field, and takes into account that you are not just paying for services rendered, but reserving a time slot which your therapist will not be able to offer to someone else on short notice.

**Confidentiality:** When your child attends sessions with their therapist, the information shared is protected by strict confidentiality laws enforced both by the California Board of Psychology and California state law. Without your written consent and permission, we cannot reveal whether or not your child is a client of the Curry Psychology Group, nor can we discuss any information from our sessions with a third party. The following are exceptions to this rule:

- If your child poses an imminent danger to his/herself or another person, we are allowed to disclose information to law enforcement personnel or hospital staff to keep you or the other person safe and coordinate your care.
- If you or your child talk about events that lead us to believe that either a child under the age of 18 or an elderly or disabled person is at risk of emotional, physical or sexual abuse; neglect; or exploitation; we are required by law to make a report to California Child or Adult Protective Services.
- If a Judge orders us to release information or if we are required to respond to a lawfully issued subpoena.

Therapy is most effective when a trusting relationship exists between the psychologist and the patient. Privacy is especially important in securing and maintaining that trust. While one goal of therapy is to strengthen the child's relationship with parents or primary care givers, children experience the most therapeutic benefit when there is a "zone of privacy" whereby they are free to discuss personal matters in session. This is particularly true for adolescents who are naturally developing a greater sense of independence and autonomy. Therefore, by signing this agreement, you will be waiving your right of access to your child's treatment records.

**Information We Will Share with You Over the Course of Therapy:** Note that while we will not share what your child has disclosed to us without their consent, *we will* provide you with general information about treatment status, and we will raise issues that may impact your child either inside or outside the home. We will also inform you if your child does not attend sessions, or if it is necessary to refer your child to another mental health professional with more specialized skills. If your child is an adolescent, it is possible that he/she will reveal sensitive information regarding sexual contact, alcohol and drug use, or other potentially problematic behaviors. Sometimes these behaviors are within the range of normal adolescent experimentation, but at other times they may require parental intervention. If we ever believe that your child is at serious risk of harming him/herself or another, we will inform you.

**Non-Involvement in Litigation:** The ethics and rules of our profession preclude us from serving in a dual-role of therapist and evaluator. As your child's therapist, we will not be conducting a formal evaluation and therefore do not have a valid and reliable basis from which to provide an expert opinion to any third party. Furthermore, due to the private nature of the therapeutic process, it is agreed that this process should be protected and should there be legal proceedings (such as, but not limited to divorce and custody disputes, injuries, lawsuits, etc.), neither you, nor your attorney, nor anyone else acting on your behalf will call on our clinicians to testify in court or at any other proceeding, nor will a disclosure of the psychotherapy records be requested. *Written Statements of Opinion.* Similarly, we do not provide statements of opinion or recommendations in written letter, report, or forms, unless we are explicitly retained to provide a psychological evaluation. If an established therapy client requires evaluative services, we will provide appropriate referrals. Although our responsibility to your child may require our involvement in conflicts between the parents, we need your agreement that our involvement will be strictly limited to that which will benefit your child in the context of therapy. This means, among other things, that you will treat anything that is said in session with us as confidential, and that neither parent will attempt to gain advantage between one another or in any legal proceeding from our involvement with your children. In particular, we need

your agreement that in any such legal proceedings, neither of you will ask us to testify in court, whether in person, or by affidavit. You also agree to instruct your attorneys not to subpoena us or to refer in any court filing to anything we have said or done. Note that such agreement may not prevent a judge from requiring our testimony, even though we will work to prevent such an event. If we are required to testify, we are ethically bound *not to* give our opinion about either parent's custody or visitation suitability. If the court appoints a custody evaluator, guardian ad litem, or parenting coordinator, we will provide information as needed (if appropriate releases are signed or a court order is provided), but we will not make any recommendation about the final decision. Furthermore, if we are required to appear as a witness, the party responsible for our participation agrees to reimburse us at the rate of \$300 per hour to include time spent traveling, preparing reports, testifying, being in attendance, and any other case-related costs.

**Between-Session Contact:** Please contact the office at 949-258-9777 with administrative or scheduling questions. On weekdays, we will typically return administrative calls within 24 hours. We do not discuss clinical matters by email or text message, nor do we discuss these matters outside of a scheduled appointment except in the instance of a true clinical emergency. *Frequency of emergency contact between sessions.* Please note that requests for emergency contact between scheduled sessions is expected to occur during true clinical emergencies only. In cases when a client requests frequent between-session contact, or more than one or two standard duration appointments per week, the client's continued treatment will be contingent on their acceptance of a higher level of care (intensive outpatient, partial hospital, or inpatient treatment), involvement of family members to monitor safety and compliance (if appropriate), psychiatric support with medication compliance, and/or other modifications of treatment to enhance the client's stability.

**Emergency Procedures:** In the event of a clinical emergency (such as acute thoughts of harming oneself or others or experiencing a traumatic life event) please leave a message on your provider's confidential voicemail indicating the nature of the emergency, and your provider will return your call as soon as possible. If you feel your child is in imminent danger to him/herself or others or if you feel that your child's health is at risk, please bring your child to your nearest emergency room; dial 9-1-1; or call the National Crisis Lifeline day or night for free immediate support at 1-800-273-8255.

**E-mail and/or text message appointment notifications:** When appointments are scheduled, automatic email and text reminders of your child's appointment will be sent to the e-mail and phone number you used when scheduling the first appointment. *By signing this consent form, you agree to receive these notifications, and understand that email and text is not a confidential medium for transmitting health information.*

**Resolving Disagreements:** One risk of child therapy involves disagreement among parents and/or disagreement between parents and therapist regarding the best interests of the child. If such disagreements occur, we will strive to listen carefully so that we can understand your perspectives and fully explain our perspective. We can resolve such disagreements or we can agree to disagree, so long as this enables your child's therapeutic progress. If either custodial parent decides that therapy should end, we will honor that decision. However, we ask that you allow us the option of having a closing session to appropriately end the treatment relationship with your child.

**Termination by the therapist:** We reserve the right to terminate treatment under certain conditions which compromise our ability to provide effective services, the client's ability to benefit from services, or when it is legally and/or ethically appropriate to do so. Such circumstances include, but are not limited to:

- Three missed appointments or late-cancellations within a six-month period
- Non-adherence to the treatment plan
- Non-compliance with the practice policies & procedures outlined in this document
- Refusal to accept recommendations for a higher level of or supplemental care
- Behaviors that are disrespectful, devaluing, threatening, or otherwise inappropriate toward the provider, staff, other clients, or any persons present in the building
- Misrepresentation or omission of pertinent clinical information
- Non-payment of fees

**Please initial below to indicate your understanding and agreement to each policy:**

\_\_\_\_\_ If you decide to terminate treatment, we have the option of having at least one closing session with your child to properly end the treatment relationship.

\_\_\_\_\_ You are waiving your right to access to your child's treatment records.

\_\_\_\_\_ We will disclose information without your child's consent if necessary to protect the life of your child or another person.

\_\_\_\_\_ You agree that our role is limited to providing treatment and that you will not involve us in any legal dispute, especially a dispute concerning custody or custody arrangements (visitation, etc.).

\_\_\_\_\_ You also agree to instruct your attorneys not to subpoena us or to refer in any court filing to anything we have said or done in the context of treating your child.

\_\_\_\_\_ If there is a court appointed evaluator, and if appropriate releases are signed and a court order is provided, we will provide general information to the evaluator. This information *will not* include recommendations concerning custody or custody arrangements.

\_\_\_\_\_ If, for any reason, we are required to appear as a witness, the party responsible for our participation agrees to reimburse us at the rate of \$300 per hour for time spent traveling, preparing reports, testifying, being in attendance, and any other case-related costs.

**Consent to Treatment:** I acknowledge that I have received and have read (or have had read to me) the introductory forms provided to me about the therapy I am considering for my child. I have had all my questions answered fully. I understand that no promises have been made to me as to the results of my child's treatment or of any procedures provided. I am aware that I may stop my child's treatment with this provider at any time. The only thing I will still be responsible for is paying for the services I have already received.

**By signing below, I acknowledge that I have read the above policies/procedures and am undertaking treatment of my child with the Curry Psychology Group with full awareness and acceptance of the policies and procedures governing this practice:**

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Client or Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

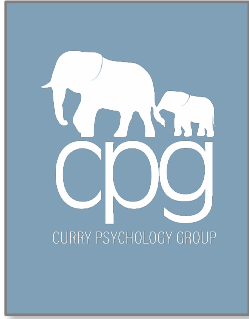
\_\_\_\_\_  
Relationship to Child

\_\_\_\_\_  
Client or Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Relationship to Child



Curry Psychology Group  
200 Newport Center Drive  
Suite 204  
Newport Beach, CA 92660

T. 949.258.9777  
F. 949.258.9749  
www.currygroup.org  
contactus@currygroup.org

## Agreement to Pay for Psychological Services

**Cancellation Policy:** Please contact the office at 949-258-9777 to cancel any upcoming appointment. Cancellation of an appointment must be made by noon on the business day prior to the appointment. Since alternative bookings are unlikely after that time, our policy includes a charge of the full session fee for "no show" or late cancellations occurring with insufficient notice. This represents the amount of time reserved for your service. Note that this fee is not eligible for payment or reimbursement by insurance.

If cancelling an appointment that is scheduled on a Monday, notice must be received by our office on the Friday prior to the appointment. Cancellations received during the weekend will be considered late and the fee will apply. Similarly, if an appointment is scheduled the day after a holiday, notice of intent to cancel must be received by the last business day prior to the holiday.

**Payment Policy:** You or your payer will be charged at the time of each appointment according to the fees outlined in the attached fee schedule. We are in-network with Tricare West military insurance. We also bill out-of-network insurance plans with a deposit for the full service fee. Credit card information will be obtained at your first appointment with the Curry Psychology Group and automatic payments can be arranged for future sessions. Acceptable payment methods include credit card and cash.

To check your out-of-network insurance benefits, we recommend that clients contact their insurer at the number listed on the back of their insurance card to ask the following questions:

1. Does my plan include out-of-network benefits for mental health/behavioral healthcare?
2. What is the maximum allowed amount if I receive individual psychotherapy, service code 90837, at an office, with a psychologist?
3. What percentage of the allowed amount does my plan pay?
4. Do I have an insurance deductible that I would have to pay before my out-of-network benefits are provided?

**Tricare West/Military Beneficiaries:** Clients with Tricare West will be charged the appropriate copayment or deductible fee (as shown to our office from Tricare West's eligibility database) at the time of each appointment. If, after charging for the copayment or deductible fee, the office comes to know through your insurance's Explanation of Benefits that the client's amount due is greater or less than the amount originally charged to the client, the office will bill the client for the balance or refund the excess to your patient account as applicable. The client accepts financial responsibility for all eligible services that are not paid by their insurance plan within 30 days of the date of service.

## Fee Schedule

|   | DR. SHANNON<br>CURRY, PSYD | DR. SHARON<br>O'NEIL, PHD | DR. FRANCESCA<br>PARKER, PSYD<br>&<br>KARI FISHER,<br>LCSW, MED | DR. GISELA<br>VEGA, PSYD<br>&<br>DR. KELSEY<br>MENDOZA, PSYD |
|---|----------------------------|---------------------------|---|--|
| <b>Therapy Services</b>   |                            |                           |   |  |
| INITIAL INTAKE APPOINTMENT  | 300.<br>(55 min)           | 300.<br>(75 min)          | 195.<br>(50 min)  | 175.<br>(50 min)   |
| INDIVIDUAL THERAPY (ADULT OR CHILD)   | 250.<br>(55 min)           | -                         | 175.<br>(50 min)  | 150.<br>(50 min)   |
| FAMILY THERAPY  | 275.<br>(55 min)           | -                         | 200.<br>(50 min)  | 175.<br>(50 min)   |
| <b>Supplemental Services</b>  |                            |                           |   |  |
| BETWEEN-SESSION PHONE CONTACT<br>Per 10 min   | 50.                        | 50.                       | 40.   | 30.  |
| LETTERS AND FORM COMPLETION<br>Per 30 min   | 150.                       | 150.                      | 100.  | 90.  |
| <b>Testing &amp; Educational Support Services</b>   |                            |                           |   |  |
| PSYCHOEDUCATIONAL & DIAGNOSTIC<br>EVALUATION<br>Includes:<br>• Client & Parent Interviews<br>• Collateral Interviews<br>• Test Administration<br>• Scoring<br>• Interpretation/Analysis<br>• Comprehensive Written Report<br>• Feedback Session | -                          | 3450.<br>(12 hrs.)        | -   | 2450.<br>(15 hrs.)   |
| SCHOOL VISITS/IEP MEETINGS<br>Up to first 90 min (includes drive time)  | -                          | 400.<br>(≤90 min)         | 350.<br>(≤90 min)   | 300.<br>(≤90 min)  |

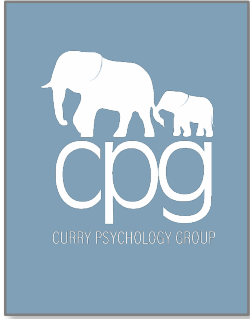
*By signing below, the Client or Guardian indicates their understanding and agreement to the Curry Psychology Group's payment policies and fees as outlined in this document.*

\_\_\_\_\_  
Signature of Client or Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Relationship to Client



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## Credit Card Authorization Form

Please enter the card information you wish to keep on file for automatic deduction of your session fee, copayment, or insurance deductible (if applicable). The following credit and debit cards are accepted: Visa, MasterCard, Discover and AMEX.

**Client Name:** \_\_\_\_\_

### Credit/Debit Card Information:

Card Type (check one):  Visa  MasterCard  Discover  AMEX

Name on Credit Card: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Security Code (3 or 4-digit code on card): \_\_\_\_\_

### Billing Address:

Name (if different than on card): \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Main Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

I, the cardholder, authorize fees charged by Curry Psychology Group in accordance with the billing agreement to be deducted from the credit or debit card listed above.

\_\_\_\_\_  
Cardholder Signature

\_\_\_\_\_  
Date